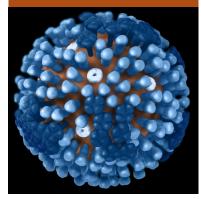
# DAVIS COUNTY INFLUENZA REPORT



2017-18 Influenza Season Week 18 / Week Ending 05/05/2018

#### SUMMARY

- ILI activity in Davis County remained at a low/moderate level during Week 18.
- No influenzaassociated hospitalizations were reported during Week 18.
- Influenza B virus is currently circulating, although influenza A virus is still present.
- The school absence rate was just above the expected rate for this point of the influenza season.



Influenza-like Illness (ILI) is defined as fever (temperature of  $\geq$  100° F [37.8° C]), cough, and/or a sore throat without a known cause other than influenza.

#### **INFLUENZA ACTIVITY IN DAVIS COUNTY**

In Week 18, influenza activity in Davis County remained at a *low/moderate* level. The average school absence rate (4.18) is above the expected rate for this point of the influenza season (4.01) (see Figure 1). No hospitalized-influenza cases were reported this week (see Figure 2). Season-to-date, 202 hospitalized-influenza cases have been reported in Davis County. The influenza-like illness (ILI) rate (0.6%) had no change (see Figure 2).

Figure 1. Elementary School Absence Rate, Davis County, 2017-18, 2016-17, 5-Year Average

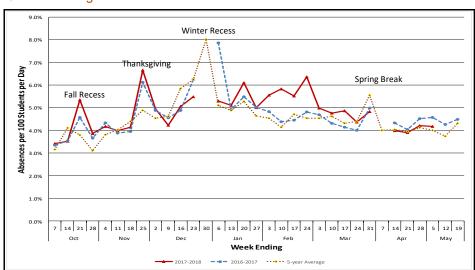
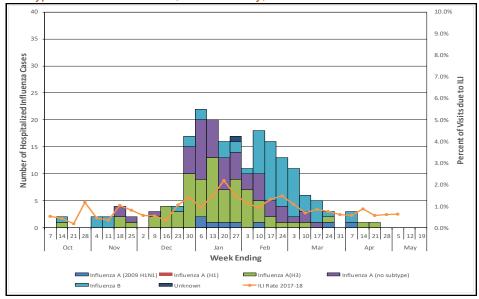


Figure 2. Influenza-Like Illness Visit Rates & Hospitalized-Influenza Cases, by subtype and admission date, Davis County, 2017-18



#### **INFLUENZA ACTIVITY IN UTAH**

Utah's influenza rate continued at a *minimal* level during Week 18. Four health districts (Bear River, Davis County, Southeast Utah, and Weber-Morgan) reported *low/moderate* ILI activity. Five hospitalized-influenza cases were reported this week, bringing the season's total to 2,165 cases.

Surveillance data for influenza testing in laboratories across Utah indicate that 18 specimens were positive for influenza during Week 18, a decrease from the previous week (21). This week, the majority of recently circulating influenza viruses were sub-typed as influenza A  $(H_1N_1)$  (see Table 1).

Table 1. Influenza Positive Specimens Tested by Utah Laboratories, 2017-18

| Positive Specimens by<br>Type/Subtype | Current Week |       | Season-to-Date |       |
|---------------------------------------|--------------|-------|----------------|-------|
|                                       | Number       | %     | Number         | %     |
| Influenza A (2009 H1N1)               | 7            | 38.9% | 417            | 4.0%  |
| Influenza A (H1)                      | 0            | 0.0%  | 1              | 0.0%  |
| Influenza A (H3)                      | 0            | 0.0%  | 2,388          | 22.6% |
| Influenza A (no subtype)              | 5            | 27.8% | 4,061          | 38.5% |
| Influenza B                           | 6            | 33.3% | 3,682          | 34.9% |
| Total                                 | 18           |       | 10,549         |       |

#### **INFLUENZA ACTIVITY IN THE UNITED STATES**

Influenza activity continues to decline across the United States. In Week 17, three states reported *widespread* activity, seven states reported *regional* activity, 24 states reported *local* activity (including Utah), 14 states reported *sporadic* activity, and two states reported no activity (see Figure 3).

Collaborating clinical laboratories across the United States reported that 7.4% of respiratory specimens tested were positive for influenza in Week 17, a decrease from the week before (8.9%). Of those, 33.6% were typed as influenza A and 66.4% as influenza B.

CDC characterized 1,895 influenza viruses collected by laboratories across the United States since October 1, 2017. Of these, 98.5% were similar to their respective

components in the 2017-18 vaccine. CDC also continues to test samples for resistance against neuraminidase inhibitors such as oseltamivir. zanamivir, and peramivir. Ten of 1,023 (1.0%) viruses of influenza A (H<sub>1</sub>N<sub>1</sub>) were resistant to oseltamivir and peramivir. Antiviral treatment is recommended as early as possible for patients with severe illness or who require hospitalization.

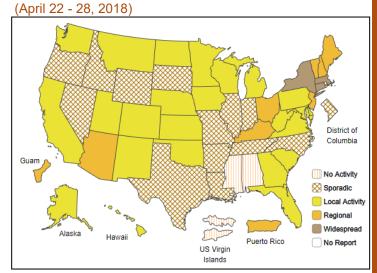


Figure 4. Weekly Influenza Activity Estimates, Week 17



### Davis County Health Department Communicable Disease & Epidemiology

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The Influenza Report is published weekly on Thursdays during influenza season. To receive a copy of this report by email/fax, please contact Sarah Willardson at <a href="mailto:swillardson@co.davis.ut.us">swillardson@co.davis.ut.us</a>



## VACCINE INFORMATION

CDC recommends that all persons older than 6 months of age receive an influenza vaccine.

Flu shots are available at Davis County Health Department at no out-of-pocket cost for those *with* contracted health insurance.

For those *without* insurance:

- Adults (18+ years) can receive the flu shot for \$30.
- Seniors (65+ years) can receive high-dose Fluzone® for \$42.
- Children and adolescents (< 18 years) can receive the vaccine for a \$5 fee.

For updates call Immunizations Hotline at (801) 525-5030.